



Mr Mark Griffiths
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With God, all things are possible.

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3rd October 2025

Dear Parents/Carers

World Mental Health Day - Friday 10th October

We are pleased to let you know that our school will be taking part in **World Mental Health Day** on **Friday 10th October**. This is an important opportunity to raise awareness about mental health and wellbeing in a way that is meaningful and age-appropriate for our pupils.

To show our support, we are inviting all children to **wear something yellow** on the day - this could be a yellow top, socks, a hair accessory or even something homemade! Yellow is the official colour for World Mental Health Day and helps us show that we are standing together in support of mental wellbeing.

We kindly ask for a **£1 donation**, which will go towards supporting **mental health and wellbeing activities** within our school. These may include mindfulness resources, wellbeing workshops, calming spaces and other initiatives to help our children feel safe, happy and supported.

Thank you as always for your continued support.

Warm regards,

Mr Bishop
Learning Mentor
Deputy Safeguarding



Truth - Fairness - Justice - Joy