

Qwell.io is a free safe and anonymous online wellbeing platform, that is now available for adults in Liverpool (26+).

Qwell is commissioned in Liverpool by Public Health and is here to support adults in Liverpool by providing a space to access professional support without long waiting lists or thresholds.



Adults can join online peer support communities, access self-help materials or engage in drop-in or booked one-to-one online chat sessions with our experienced counsellors.

To find out more, or to book an information session please contact [liverpoolqwell@kooth.com](mailto:liverpoolqwell@kooth.com)

To book on to a prearranged Eventbrite (For all adults) to discover Qwell.io for yourself click on your preferred date below: [29/04/21](#) at 4pm or [05/05/21](#) 11:30pm

