

St Margaret's 3 week menu

WEEK 1

Jacket Potatoes with Various Fillings & A Full Deli Bar are available daily as alternatives

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>All Day Breakfast</u> Bread, egg, beans, tomatoes, mushrooms, bacon or veggie sausage.</p>	<p><u>Spaghetti Bolognese</u> <i>Minced beef/minced soya, onion, garlic, tomatoes, tomato puree, mushrooms, herbs and spaghetti.</i></p>	<p><u>Chicken Nuggets</u> Chicken, cornflakes, eggs, flour and rice sweetcorn.</p> <p>Quorn Nuggets are served as a vegetarian alternative</p>	<p><u>Roast Dinner</u> Home roasted Turkey Served with roast Potatoes, carrots & swede Broccoli, Yorkshire pudding and gravy</p>	<p><u>Fish & Chips</u> Battered cod or breaded cod fingers, served with <i>beans/peas, chips and tomato sauce.</i></p>

WEEK 2

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>Homemade Pizza</u> <i>Pizza base, pizza topping, cheese, ham, pineapple, pepperoni served with homemade potato wedges and beans.</i></p>	<p><u>Chicken Pie</u> <i>Chicken or Quorn cooked with onions, carrots and gravy topped with pastry and served with homemade potatoes, peas and gravy</i></p>	<p><u>Lasagne</u> Minced beef or Vegie mince cooked with onions. Garlic, tomatoes, tomato puree and herbs layered between pasta sheets and topped with cheese sauce served with green beans or cooked mushrooms</p>	<p><u>Roast Dinner</u> Home roasted Turkey served with roast potatoes, carrots & swede Broccoli, Yorkshire pudding and gravy</p>	<p><u>Fish & Chips</u> Battered cod or breaded cod fingers, served with <i>beans/peas, chips and tomato sauce.</i></p>

WEEK 3

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p><u>Sausage & Mash</u> Pork sausage or Quorn sausage served with homemade mashed potatoes, beans, tomatoes, mushrooms and gravy.</p>	<p><u>Chicken curry</u> <i>Fresh chicken cooked with onions, tikka curry sauce and served on a bed of rice.</i></p> <p>Sweet Potato & Lentil Curry served as a vegetarian alternative</p>	<p><u>Cottage Pie</u> Minced beef, oxo or Worcestershire sauce, tomato puree, bouillon onions, carrots, potatoes, garlic and semi - skimmed milk served with vegetables and brown bread</p>	<p><u>Roast Dinner</u> Home roasted Turkey served with roast potatoes, carrots & swede Broccoli, Yorkshire pudding and gravy</p>	<p><u>Fish & Chips</u> Battered cod or breaded cod fingers, served with <i>beans/peas, chips and tomato sauce.</i></p>

